



204 E. First St., P.O. Drawer 1820, Alice, TX 78332-4822

March 13, 2020

Dear Parents,

Coronavirus information is on the news daily and this has caused much concern. Health officials believe our communities are at low risk.

We want to assure all parents that our Early Head Start and Head Start Centers are following all recommendations by the local health departments and the Centers for Disease Control and Prevention (CDC).

To assist us with prevention, we are recommending that you practice the following:

- Wash your hands with soap and water for at least 20 seconds; sing Happy Birthday twice
- If soap and water are not available, use an alcohol-based hand sanitizer with at least 60% alcohol
- Avoid touching your eyes, nose, and mouth
- Cough and sneeze into a tissue, then throw tissue away or cough and sneeze into your upper shirt sleeve, completely covering your mouth and nose
- Wash your hands after coughing, sneezing, or blowing your nose
- Disinfect frequently touched surfaces and objects, such as toys, doorknobs, cellphones
- Do not send a sick child to school
- Wash school jackets and blankets frequently
- If your child or family member has a cough or fever, please call your physician for instruction
- Avoid close contact with anyone that has flu like symptoms

The recommendations above are being followed in all classrooms. By working together we can help decrease the spread of illnesses in our centers.

We will continue to follow CDC guidelines and send updates as necessary.

Sincerely,

A handwritten signature in blue ink that reads "Ann E. Awalt".

Ann E. Awalt  
Executive Director