

Attention Community Action Health Center Patients:

At Community Action Health Center we are committed to the safety of our patients. We continue to follow CDC recommendations and are closely monitoring the current COVID-19 pandemic. In order to meet our patient needs, we are OPEN and will continue to see patients at this time.

Our Health Center has taken several measures to ensure the health and safety of our patients and staff. We are continually disinfecting all equipment, surfaces, waiting rooms, exam rooms, and other necessary areas. We are isolating sick patients from well patients by utilizing separate waiting areas and/or designated time frames.

How you can help:

1. We ask that patients experiencing symptoms of cough, fever, or shortness of breath please notify us prior to coming to our office in order to minimize exposure
2. Patients with symptoms will be required to wear a mask
3. We are limiting the number of visitors in our office by asking our patients not to bring more than one person with them to their appointment
4. Please do not bring anyone who may be experiencing symptoms with you to your appointments

Don't forget these simple, everyday actions to prevent the spread of illness:

1. Frequently wash your hands thoroughly with soap and water for at least 20 seconds.
2. Use an alcohol-based hand sanitizer that contains at least 60% alcohol, if soap and water are not available.
3. Avoid touching your face (eyes, nose and mouth)
4. Cover your cough or sneeze with a tissue, then throw the tissue in the trash.
5. Clean and disinfect frequently touched objects and surfaces.
6. Practice social distancing - avoid gathering in groups of more than 10 people, avoid shopping trips, social visits, and eating in restaurants

We will continue to follow CDC and local health department recommendations and will update our patients as needed. Thank you for your patience as we work together to stop the spread of COVID-19.



Vandana Kamat, MD, Medical Director